

Sacred Sites, Inside and Out



2018 Professional Seminar Program

Saturday, March 12

— *The Nancy Penn Center (NPC)* —

12:00 N Registration

— *NPC Fox Den* —

5:00 PM Social Hour

— *NPC Tower Dining Room* —

6:00 PM Dinner

— *David Francis Hall (DFH)* —

7:30 PM ***Welcome***
Susan Smily, Professional Division Membership Coordinator
Nancy Richardson, Master of Ceremonies

8:00 PM ***State of the Institute Address***
Nancy (Scooter) McMoneagle
TMI President & Executive Director

Nancy McMoneagle will offer an update on all things TMI, looking at the accomplishments the Institute has enjoyed as well as some exciting events on the horizon.

— *The NPC Fox Den* —

9:00 PM ***Snacks and Networking***

Sunday, March 18

— NPC Exercise Room —

7:00 AM Yoga | Shaaron Honeycutt

— NPC Tower Dining Room —

7:45 AM Breakfast

— DFH Conference Room —

9:00 AM **Keynote Address**
An Exploration of Sacred Sites
John Van Auken, PhD

This is a mystical, metaphysical tour of ancient spiritual sites around our planet, and how our souls were involved with these sites prior to this incarnation. The PowerPoint tour includes temples, pyramids, and legends in India, Egypt, Mayan and Incan lands, China, Southeast Asia, Middle East, North America (mounds and mesas), Ireland, England, and Europe—even a little Moon madness. John will recount curious tales concerning the inhabitants of these sites and their reasons for building them. As a world traveler, John has actually been to many of these sites. Some of his slides are rare and personally belong to his own photographic moments at the sites. All of his slides are beautiful and fascinating, revealing wonders beyond explanation—that's why they are "wonders of the ancient world."

10:30 AM ***Announcements | TMI Surprise | Silent Auction Launch***

— NPC Fox Den —

10:45 AM Snack Break

— DFH Conference Room —

11:15 AM ***Journey to the Center: A Philosophical and Mythological Vision Quest***
Joseph Felser, PhD

You may recall that the forbidden tree of knowledge was placed in the midst of the Garden of Bliss. What does it mean to come to the center of things? Where is the center located? What are the potential rewards and risks of making that journey—or refusing to? These are the questions that will occupy us this morning as we embark upon an adventure of inquiry into the perennial human quest for the center.

— NPC Tower Dining Room —

12:30 PM Lunch

— DFH Conference Room —

2:00 PM ***Life Excellence 360°***
Stefano Roverso

Potential, ideas, creativity, will, and determination are the assets, the latent capital, that each of us has in dowry when we enter adulthood and working life. **Life Excellence 360°** was born from the awareness that there is already within us all what we need to direct our own lives and to use our talents in the direction we want.

The combination of NLP®, LAB Profile® and Hemi-Sync® techniques used in Life Excellence 360° has been shown to act in a profound and beneficial way on the person, stimulating conditions of greater capacity for logical and emotional evaluation, involving the different aspects that compose us.

Experiential sessions of cerebral synchronization and deep meditative states are alternated with group and individual work.

3:15 PM Stretch Break

3:30 PM ***Exploring the Sacred Self: Self Regulation with Sound Enhanced Shealy Biogenics***
Sergey Sorin, MD

Dr. Norman Shealy's Biogenics program was developed in 1974 as a PhD thesis in Humanistic Psychology. It has resulted in the successful treatment of over 30,500 patients with chronic pain, depression, and anxiety, as well as chronic illness, who were failed by the conventional medical system. Sergey will talk about the Shealy-Sorin Biogenics program, now combined with Samvit Sound technology for enhanced delivery, as a means of exploring the sacred within: the Body-Mind-Spirit self-regulation and balance.

— NPC Fox Den —

5:00 PM Social Hour

— NPC Tower Dining Room —

6:00 PM Dinner

— DFH Conference Room —

7:30 PM

“What’s Up?” Panel

Panelists: Jonathan Holt, MD; James Lane, PhD; Arkaitz Eskarmendi, MA; Fred Rible, MBA

An update of activities and events by Professional Division members globally, as well as a report from a member of the Board of Directors.

— NPC Fox Den —

9:00 PM

Snacks

Monday, March 19

— NPC Exercise Room —

7:00 AM

Yoga | Shaaron Honeycutt

— NPC Tower Dining Room —

7:45 AM

Breakfast

— DFH Conference Room —

9:00 AM

The Power of Place: Studies at the Rhine Research Center

John Kruth, Executive Director of the Rhine Research Center

The Rhine Research Center is the oldest operating parapsychology lab in the country. Being the first academic lab to develop a formal method for examining psi phenomena, the Rhine became an important center for people who were experiencing psi or who were interested in exploring psi phenomena through the lens of science.

John G. Kruth will explore the development of the Rhine and how the center has become an important place for those who are exploring and experiencing psi phenomena. He will discuss the importance of the Rhine Lab as related by people who have travelled long distances to come to see it, but also include personal insights about the nearly religious nature of the Rhine.

Besides the discussions of the Rhine as a place that attracts psi enthusiasts, John will present an overview of ongoing research projects at the Rhine including projects that reveal how location and place might be developed or hold information that will influence future psi activity at that site. The integration of scientific studies and insights based on research findings help to shed light on the nature of psi experiences and whether a space might hold an energy or spirit that can be felt and possibly used by people who visit that space.

10:30 AM Announcements

— *NPC Fox Den* —

10:45 AM Snack Break

— *DFH Conference Room* —

11:15 AM ***Monroe, Sound, and Consciousness***
Carmen Montoto

All things in the universe are created and function through vibration, from the tiniest atomic particle to a galaxy, from a small cell to a body. All things that vibrate emit sound and vibrate at specific frequencies. Sound has a strong and powerful impact upon matter. It affects every aspect of our lives since the day we were conceived. It is no wonder that Robert Monroe, as many wise men before him, utilized this vehicle to explore consciousness and to help in the evolution of mankind. In this presentation we will explore diverse aspect and uses of sound through history.

— *NPC Tower Dining Room* —

12:30 PM Lunch

— *DFH Conference Room* —

1:45 PM ***Outreach Meeting*** | free time

3:15 PM Stretch Break

3:30 PM ***Energy Healing and Sound: Amplifying the Benefits***
Exponentially
Brian Dailey, MD, and Allyn Evans, MBA

Brian Dailey MD, and Allyn Evans, MBA, teach the *Energy Medicine* Program at the Monroe Institute and worldwide. They collaborate with Dr. Sergey Sorin, Dr. Norm Shealy, Stefano Roverso, Luca Biotti, Carmen Montoto, Luigi Sciambarella, Bob Holbrook, Patty Ray Avalon, and others. They use multiple energy therapies: Reiki, Hemi-Sync, SAM, Biofield Imaging, and crystals in treating multiple medical issues. This includes cancer, chemo and radiation therapies, anemias, neutropenias, hair loss, and bone fracture healing. Remarkable therapy for hospice and pain! You will experience a new SAM plus Hemi-Sync experience: *Earth Chakras* by Allyn and Brian, narrated by Patty Ray Avalon, and with the magic of sound engineer Bob Holbrook. Enjoy!

— *NPC Fox Den* —

5:00 PM Social Hour

— *NPC Tower Dining Room* —

6:00 PM Dinner

— DFH Conference Room —

7:30 PM

Creating Your Sacred Mandala
Patty Ray Avalon

Drawing on the energy of your own inner sacred site, artist Patty Ray Avalon guides you through the hands-on creation of a personal mandala.

— NPC Fox Den —

9:30 PM

Snacks

Tuesday, March 20

— NPC Exercise Room —

7:00 AM

Yoga | Shaaron Honeycutt

— NPC Tower Dining Room —

7:45 AM

Breakfast

— DFH Conference Room —

9:00 AM

Mind Mirror
Judith Pennington

In a two-part program, Judith Pennington discusses the brainwave map of consciousness associated with Awakened Mind meditation training on the Mind Mirror EEG. She will lead you through the self-discovery meditation used for opening baseline measurements taken during two Discovery programs in 2017.

9:45 AM

Mind Mirror: “Journey to Happiness”
Judith Pennington

In her second program, she shares the extraordinary Mind Mirror patterns produced by program participants listening to HemiSync and SAM exercises. You will see why the collaboration between TMI and the Mind Mirror is helping participants while contributing exciting discoveries to the field of consciousness research.

10:15 AM

Tech Talk: SAM
Bob Holbrook, TMI Director of Innovation

New discoveries of the SAM (Spatial Angle Modulation™) audio technology will be revealed. SAM's potential continues to be realized through new applications and a significant impact on TMI programs.

— NPC Fox Den —

10:45 AM Snack Break

— DFH Conference Room —

11:15 AM ***Research Perspectives***
Ross Dunseath, PhD, TMI Research Coordinator

Research is ramping up at TMI, with several active studies underway in the past year. Ross will report on the progress of three of these studies, with data and preliminary results. Plans for research in 2018 will be discussed as well.

12:00 N ***Tech Talk: Hemi-Sync***
Garrett Stevens, Chairman of Interstate Industries, Inc. d/b/a Hemi-Sync®

Garret will report on Hemi-Sync projects, products, and research activity.

— NPC Tower Dining Room —

12:30 PM Lunch

— DFH Conference Room —

2:00 PM ***The Womb as a Sacred Place***
Jacqueline Mast, PT, MEd

The awareness of the fetus in utero and the emergence of consciousness in infants will be explored. Anecdotal experiences from her decades of interactions with infants is the basis for this presentation. She will discuss the role Hemi Sync has played in her work.

3:30 PM Stretch Break

3:45 PM ***Silent Auction Closing*** | free time

— NPC Fox Den —

5:00 PM Social Hour

— NPC Tower Dining Room —

6:00 PM Dinner

— DFH Conference Room —

8:00 PM

Movie Night: Faces Places

(90 min. French with English subtitles. 2017 Oscar nominee; 2017 Cannes Film Festival the L'Œil d'or award.)

89-year-old Agnès Varda, one of the leading figures of the French New Wave, and acclaimed 33-year-old French photographer and muralist, JR, teamed up to co-direct this enchanting documentary/road movie. As kindred spirits Varda and JR share a lifelong passion for images and how they are created, displayed, and shared. Together they travel around villages of France in JR's photo truck meeting locals, learning their stories, and producing epic-sized portraits of them. The photos are prominently displayed on houses, barns, storefronts, and trains revealing the humanity in their subjects and themselves. *Faces Places* documents these heart-warming encounters, as well as the unlikely, tender friendship they formed along the way. (From Amazon.com)

— NPC Fox Den —

9:30 PM

Snacks

Wednesday, March 21

— NPC Exercise Room —

7:00 AM

Yoga | Shaaron Honeycutt

— NPC Tower Dining Room —

7:45 AM

Breakfast

— DFH Conference Room —

9:00 AM

Guided Exploration Day with Hemi-Sync and SAM

Bob Holbrook, TMI Director of Innovation

Garrett Stevens, Chairman of Interstate Industries, Inc. d/b/a Hemi-Sync®

— NPC CHEC Units and White Carpet Room —

9:30 AM

Taped Exercises

— NPC Tower Dining Room —

12:30 PM

Lunch

— NPC CHEC Units and White Carpet Room —

2:30 PM **Taped Exercises**

— NPC Fox Den —

5:00 PM Social Hour

— NPC Tower Dining Room —

6:00 PM Dinner

— DFH Conference Room —

7:30 PM **Awards and Acknowledgements**

8:00 PM **Flora Fauna's Mythic News of Now!**
Astro* mythological *political* guiding *meta-story-telling
Caroline Casey

Whereby humans may re-join the Choreography of Creation by feasting on the sacrament of Conscious Kinship.

— NPC Fox Den —

10:00 PM Snacks

Thursday, March 22

— NPC Exercise Room —

7:00 AM Yoga | Shaaron Honeycutt

— NPC Tower Dining Room —

7:45 AM Breakfast

Departures

Presenters

Patty Ray Avalon



Patty Ray Avalon has a BFA and an MFA from Indiana University. She is a TMI residential trainer.

She is a member of The Monroe Institute's Professional Division, the Institute of Noetic Sciences (IONS), and International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM). She is experienced in the Michael Harner Shamanic practices, as well as the Pathwork bioenergetic modality.

Patty Ray is also a professional artist working in the Blue Ridge Mountains of Virginia. She has created exciting new tools to apply to reversing the aging process with mind consciousness, including an exciting new course called *EnergyBody* which explores the many stages and levels of expanded consciousness.

Caroline Casey

Caroline Casey is dedicated to Liberating Esoterica, translated into accessible vernacular and spiraled forth into the memosphere of cultural influence, in myriad venues: her radio Show of 22+ years, *The Visionary Activist Show*, wedding Trickster Magic with ingenious social action, that we all be solutionaries. She has studied in myriad Mystery Schools; the Astrological Lodge of London; earned a BA from Brown University in Myth, Fairy Tales, and World Religions; studied Grail Legend with late great mythologist Joseph Campbell; and cahooted with late Jungian-Trickster James Hillman.

She is the author of *Making the Gods Work for You: The Astrological Language of the Psyche*.

A rousing and frequent keynote speaker, offering the Mythic News at the Bioneers Conference (for decades), and with the great poet-ally Robert Bly for over 11 years at his Great Mother Conference, Caroline invites us to move our emotional default setting to "Woof*Woof*Wanna-Play?!"



Brian Dailey



Brian Dailey, MD, FACEP, FACHE, is a graduate of the University of Rochester School of Medicine & Dentistry. He did his training in Surgery at SUNY at Stonybrook, NY. He is board certified in Emergency Medicine, Forensic Medicine, and Forensic Examination. He has been an Assistant Professor in Emergency Medicine, a Clinical Instructor in Surgery, and a Clinical Instructor in Complementary and Alternative Medicine, at the University of Rochester School of Medicine & Dentistry. He was selected as one of America's Top Physicians by the Consumers Research Council of America for 6 years.

Brian is a third degree Reiki Master with extensive experience in energetic and vibrational medicine, including the use of CranialSacral therapy, crystals, and color. He has vast experience in sound therapies, including Hemi-Sync, Spatial Angle Modulation™ (SAM), and crystal bowls to induce altered states of consciousness. He is a member of the Professional Division, and serves the Board of Advisors and is Board of Directors Emeritus of The Monroe Institute®.

Ross Dunseath

Ross Dunseath, PhD, is an electrical engineer who has been involved in consciousness and physiological monitoring research since his undergrad days at the Experiential Learning Lab at Duke University. He continued his education at Duke in both engineering and psi research, earning a PhD in electrical engineering in 1992. During that time he was involved in the design and construction of instrumentation for neurofeedback, heart monitoring, and the detection of physiological correlates of psi phenomena.

He next worked with researchers at the University of North Carolina, designing and constructing high-density EEG data acquisition systems with applications in simultaneous fMRI and EEG imaging. In 2010 he joined the staff at the Division of Perceptual Studies at the University of Virginia where he is the co-director of the Westphal Neuroimaging Lab and is engaged in physiological studies of psi phenomena.



TMI presents a great opportunity for research in consciousness and human potentials, and Ross is busy upgrading the technical foundation in the labs for launching all kinds of studies.

Allyn Evans



Allyn Evans, MBA, is a co-founder with Dr. Brian Dailey of *Energy Medicine Squared*, an organization offering workshops and related services in the United States and abroad. Brian and Allyn collaborate with other PD members including Stefano Roverso, Luca Biotti, Luigi Sciambarella and Carmen Montoto. Before teaming up, the two worked together with Dr. Sergey Sorin when Allyn served as President and Educational Director of Samvit Wellness, which is now a part of the Shealy Wellness organization (Norm Shealy, MD, PhD).

A former residential trainer and now a guest trainer for The Monroe Institute, Allyn is a speaker, author, blogger, former university professor, former newspaper columnist, and consultant. She earned a BA in Psychology and an MBA in Marketing. An Advanced Toastmaster, Allyn offers sound technology and related workshops in the United States and abroad.

Joseph Felsner

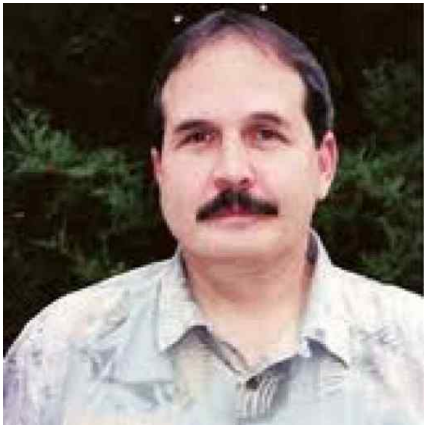
Joseph Felsner, PhD, is a professor of philosophy at Kingsborough Community College of The City University of New York, in Brooklyn, New York, where he has been on the faculty since 1997. He received his BA degree from Boston University and his MA and PhD from The University of Chicago.

Joe's areas of interest include metaphysics, religion, consciousness research, mythology, spirituality, depth psychology, parapsychology, and what used to be called the "paranormal," but what is, in his view, increasingly and rightly viewed as a normal element of an expanded view of reality and human possibility. He is the author of two books, *The Way Back to Paradise*, and *The Myth of the Great Ending*, as well as numerous articles and reviews that have appeared in both popular and scholarly journals.



He first encountered the work of Bob Monroe in 1979, when he came across *Journeys Out of the Body*. He attended the Gateway Voyage in 2000, the first of many residential programs, and has been associated with TMI's Professional Division as a researcher and member since 2006 when he was invited to deliver the keynote address at that year's seminar. In 2017 Joe accepted TMI's invitation to serve on the Board of Directors.

Robert Holbrook



Robert Holbrook has been a student of consciousness for most of his life. He is an anthropologist with experience in South America, Africa, the Middle East and the US. Bob has studied Anthropology and Psychology at Ball State University, Indiana University and the University of Chicago. He studied Archaeology with the University of Michigan.

He is an active member of the Society for the Anthropology of Consciousness, the Institute of Noetic Sciences, and a certified provider with the Institute of Heartmath. He is presently working with individuals in the areas of addiction and post traumatic stress disorder.

Bob is TMI's Director of Innovation and a residential program trainer, as well as the chief engineer of TMI's Spatial Angle Modulation (SAM) technology.

John Kruth

John Kruth is the Executive Director of the Rhine Research Center and the Founder and Education Director of the Rhine Education Center. His 20+ years of professional technology experience and 8+ years as a professional researcher provide him unique insight into the integration of technology and parapsychological research. His research includes explorations into psychic healing, the energy behind psychokinesis, poltergeist activity and other unconscious effects on electronic devices, measurements of biophotons (ultraviolet light) from energy healers, applications of remote viewing for investments, and updating traditional psi testing methods to take advantage of 21st century technology and science. He has numerous publications and has spoken at professional conferences and other forums regarding scientific parapsychology, the history of the Rhine Center, the nature of energy healing, poltergeists, and other topics related to parapsychology and the paranormal.



Besides his research, John's current projects include the development of a community of psi experiencers at the Rhine and worldwide through the use of technology to provide online courses, broadcasts of parapsychology speakers and events, and the development of online resources for scientists and those who are looking for reliable and professional information about scientific parapsychology.

Jacqueline Mast



Jacqueline Mast has been working as a pediatric physical therapist for more than 40 years. She owns Mast Clinic: Helping Children to Be Their Best in Maine, where she works with infants and toddlers.

A lifelong learner, Jackie learns something new from every child who comes her way and she gathers new therapeutic practice knowledge from The Icelandic Dialogues: Healing the Healers, an annual international multidisciplinary, multicultural conference which she founded and which has had many TMI Professional Division members as presenters or attendees.

Nancy H. McMoneagle

In the 1970s, Nancy (Scooter) McMoneagle helped her step-father and mentor, Robert A. Monroe, build the foundations of the now internationally recognized non-profit organization for consciousness research and education, The Monroe Institute (TMI), and Interstate Industries, Inc. (III, d/b/a Hemi-Sync). She subsequently served as the Director of both organizations.

Initially answering fan mail from Bob's seminal work, *Journeys Out of the Body*, and subsequently wearing most hats in the business, Scooter helped design, develop, coordinate and conduct training programs in personal development, now known as the *Gateway Voyage*. Later, as the Institute's director (1983–1991), she generated a solid staff of program trainers and, using her team-centered management style, implemented Bob Monroe's vision by working with him and the creative input of others to form additional consciousness training programs and products.



In addition to other contributions, she established the international *Gateway Outreach* program with the assistance of experts in training design, thus bringing The Monroe Institute's programs and Hemi-Sync's audio products to a worldwide audience. Currently, she serves as The Monroe Institute's President & Executive Director.

Carmen Montoto



Carmen Montoto graduated from the University of Puerto Rico with a BA in History of Art. She also studied Home Design, Kinesiology, Photo Reading, and diverse methods in alternative healing. She is a Brain Gym and Hado Instructor and a TMI *Outreach* and Off Campus Residential Trainer. Carmen has offered conferences and workshops in Iceland, North and South America, and the Caribbean about Hemi-Sync and its uses.

As a Member of the Professional Division of TMI she generated more than 12 research projects on the use of Hemi-Sync to enhance learning and help children with learning disabilities. With Jacqueline Mast, she organized the International Conference on Special Education in Puerto Rico. Carmen created a Childrens' Summer Theater Workshop using Metamusic, which ran for many years. She also developed a program called "Wiring" or ALAMBRAjE, combining Hemi-Sync, Brain Gym Exercises, breathing techniques, positive affirmations, and the arts to increase the learning skills and wellness of children. This system was incorporated into some schools in Puerto Rico.

Carmen has participated as a speaker in many activities related to Autism and ADHD, presenting Hemi-Sync and Brain Gym as useful tools to help children and adults in Special Education Programs. She is also Director of MC Squared, a place that offers classes and diverse workshops and activities that promote the arts, enhance learning, healing and spiritual development.

Judith Pennington

Mind researcher Judith Pennington is a world authority on EEG and the Awakened Mind, co-developer of the Vilistus Mind Mirror 6, and founder of the Institute for the Awakened Mind, an international consortium of Mind Mirror practitioners dedicated to personal and planetary transformation.

A writer, publisher, and the author of two award-winning books, she teaches the science of spirituality and instrument-led meditation around the world. In the US, she has taught at Edgar Cayce's A.R.E., Esalen Institute, and the Omega Institute. She is known for her ease in communicating complex ideas and for her musical ability to usher people into transcendent states of awareness.



Stefano Roverso



Stefano Roverso is an Off-Campus Residential and Outreach Trainer of the Monroe Institute (USA), Licensed Master Practitioner and coach in NLP, and a business consultant.

Stefano's professional career began with 15 years in the field of information technologies and IT services. After this experience, he built and led a training center for the next 8 years in health care and for medical doctors in the Veneto region (Italy). In 2010 he decided to devote his professional and personal life to spreading and developing the activities of the Monroe Institute in Italy. Since 2014 he has been President of a nonprofit organization, *The Monroe Institute Italia*, a research and cultural association that organizes training programs and professional projects dedicated to developing the human potential,

especially in the field of education, human empowerment, health care, and business applications.

His personal development guided him through an interest in Chinese Medicine to becoming a Shiatsu Massage Therapist. He also studied many shamanic programs with the Foundation for Shamanic Studies of M. Harner and a "four-way school" related to the teachings of G. Gurdjieff and P. Ouspensky for six years. He's a Reiki practitioner, Diksha Giver, and Master Practitioner and coach in Neurolinguistics Programming (NLP).

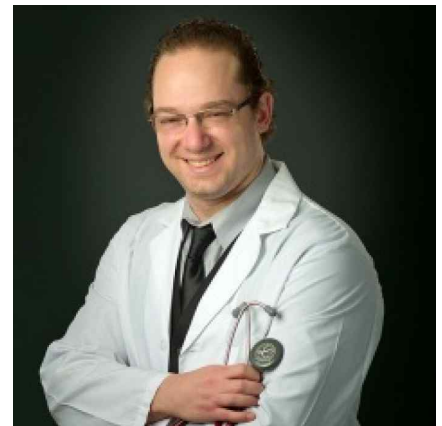
His main motivation for his commitment in training and coaching is to create conditions for people to become more aware of their abilities and potential, offering methods and tools available for the conscious development of their lives.

Sergey Sorin

Sergey Sorin is currently President and Medical Director of the International Institute of Holistic Medicine and Shealy Wellness, the world's premier Holistic Clinic continuing the work of C. Norman Shealy, MD, PhD, developer of TENS, spinal cord stimulation, Biogenics, and Transcutaneous Acupuncture among other accomplishments.

After a life-altering diagnosis and successful treatment of colon cancer in 2007, his focus has been on the broad field of Holistic Medicine. He has specialized in the use of Sound Health and Medicine, and founded Samvit Wellness, now a subdivision of Shealy Wellness.

He has published several books as well as a number of scientific publications and articles, and is active in research as well as presenting at national and international conferences and workshops.



Garrett Stevens



Garrett Stevens is an *Outreach* Trainer and has long held a keen interest in consciousness exploration. He looks forward to sharing that interest with others. At TMI, he has completed *Gateway Voyage*, *MC2*, *OBE Intensive* and the *Outreach* Training program.

Garrett is also interested in investing and has enjoyed a lengthy career in alternative investments. He is a graduate of the University of Pennsylvania's Wharton School and lives in Los Angeles with his wife and two children.

Garrett is Chairman of Interstate Industries, Inc. d/b/a Hemi-Sync®

John Van Auken

John Van Auken is the Director of the Edgar Cayce Foundation and has been involved in this work for over 40 years. He has written more than a dozen books and recorded numerous videos and audios, many of which are on YouTube. He's been on TV and radio programs, including the FOX show, "Opening the Tomb Live" in Egypt. He has led over 30 tours to Egypt, and continues to lead tours to ancient sites around the globe. He has written 24 books and hundreds of articles.

His recent books are *2038: The Great Pyramid Timeline Prophecy*, *Edgar Cayce on the Spiritual Forces within You*; *From Karma to Grace*, and *Angels, Fairies, Demons, and the Elementals*, *Edgar Cayce on the Mysterious Essenes*, and *Edgar Cayce on Health, Healing, and Rejuvenation*. His book on deep meditation to contact the Spiritual Forces and the Universal Consciousness is *Passage in Consciousness: A Guide to Expanding Our Minds and Raising the Life Forces in Our Bodies through Deep Meditation*.

